



# HASHOMER

(Affiliated with the National Conference of Shomrim Societies  
and the International Association of Jewish Public Service Employees)

P.O. BOX 35688, LOS ANGELES, CA 90035

**July-August-September 2007 Issue**

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## President's Message

Adele and I just returned from a three week trip to Israel and New York. There we visited our many nephews and nieces and their families, two of our grandchildren and our great grand children. What a fantastic trip!

At our last Board Meeting the Board voted to make contributions in the amount of \$250 each to: The Ness Center, Hatzolah of Los Angeles, Hatzolah of Israel, and the City of Hope.

There are some great events coming up and I hope you will participate in all of them. The Steak Fry is on the 29<sup>th</sup> of July, the National Shomrim Convention, and the International Association of Jewish Public Service Employees Convention and Seminar in December. Both of which follow our Hanukkah get together.

The International Association of Jewish Public Service Employees (IAJPSE), in cooperation with the South Florida Shomrim Society has announced their 2007 Conference. Due to the request of several of the attendees and the convenience of those that are going to the National Conference of Shomrim Societies, this conference begins the day after National's Cruise ends (ship returns December 17). That means you can attend both with only one airplane ticket and spend more winter time on Miami Beach! Breakfast and lunch is included. As this conference is approved through the US Department of Justice and sponsored by the Miami-Dade Police Department's Training Bureau (with Florida Department of Law Enforcement, FDLE, in-service credits), your department may pay for all or part of your travel and registration. If not IAJPSE has said it will waive the registration fee.

Dues are past due. As was stated in the last issue May 15<sup>th</sup> was the cut off date. If you want to keep your membership current please send in your dues.

*Marvin Goldsmith, President*

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## 2007 SHOMRIMSOCAL SCHEDULE OF EVENTS

### STEAK "FRY"

Sunday, July 29th at 5:00 P.M.  
(Goldsmith's BBQ)  
229 South Clark Drive, B.H.

### September Meeting

Tuesday, September 4th at 6:30 P.M.  
Elat Burger  
9340 West Pico Blvd at Elm Dr., L.A.

### October Meeting

Tuesday, October 2<sup>nd</sup> at 6:30 P.M.  
In the Succah  
229 South Clark Drive, B.H.

### Annual Meeting of the Board of Directors and the Membership

Wednesday, November 7th at 6:30 PM  
King David Grill  
6118 West Pico Blvd., L.A.  
(Just East of La Cienega)

### Hannukah Get Together

Monday, December 10th at 6:30 PM  
Pizza World  
365 South Fairfax Avenue, L.A.  
(Just South of Third St.)

## MAZEL TOV

Jon & Sandy Olesen are happy to announce the marriage of their son Sean to Daina Druva on May 12th, 2007.

To Barry Poltorak on his graduation with Class 359 and his being sworn in as a Los Angeles County Deputy Sheriff.

To Marty Greenblatt on his being named 2006 Reserve Officer of the year for LAPD-Pacific.

To Howard and Sharon Gluck on the Bar Mitzvah of their son, Yaakov.

To Los Angeles Police Department Officer Lisa Tofler who returned from the World Police and Fire Games in Adelaide, Australia with four Gold Medals. Lisa represented the L.A.P.D.

Gold medal -Master A 5 kilometer cross country  
Gold medal -Master A 5000 meters track and field

Gold medal -Master A 800 meters track and field

Gold medal -Master A Half-marathon (13.1 miles)

To Steve Lagin on his transfer to the Beverly Hills Police Department.

## THE HIGH HOLY DAYS – ROSH HASHANAH AND YOM KIPPUR

By Rabbi Dr. Henry E. Kraus

On the eve of September 22nd we once again encounter the Divine mystery and spiritual catharsis of the "Days of Awe." We shall also welcome the New Year 5768. At the threshold of Rosh Hashanah – the New Year – we might well pause to wonder to which use we have put the old. What have we achieved during the last year? Have we made ourselves useful to those around us and society at large? Are we ready to plead before our maker confident that we have not abused our natural gifts, latent talents and the opportunities the year has offered us? The High Holy Days are preeminently designed for self-examination and self-evaluation. They provide an annual opportunity for spiritual inventory. They confront us with a whole series of searching questions which each of us must ask ourselves and answer in the privacy of our own soul.

What happened to me since last Rosh Hashanah?

Have I grown more or less caring?

How much have I done to cultivate my mind?

Have I nourished or starved my soul?

Have I become more forgiving, or more vengeful?

Have I become more tolerant, or more demanding for others?

Has my tongue grown kinder, or harsher?

Have I drawn closer to G-d, or have I drifted further away?

What did we do for Israel?

What did I do for Mankind?

This list of questions is by no means exhaustive, although it can prove very exhausting. When we look at ourselves honestly we cannot help but feel the abyss that separates what we are from, what we

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are capable of being. The prayers and the melodies of these High Holy Days stress the theme of G-d's universal rule of the World. The liturgy is featured by the sound of the Shofar! It is designated as a call to conscience. Yom Kippur culminates a ten day period of penitence which began with Rosh Hashanah. Yom Kippur is the most sacred and holiest day in the life of Jews everywhere. On that day man has the unique opportunity to communicate with his Maker to cleanse himself of his sins and to start anew. We believe that G-d will accept our prayers, for "The Lord is merciful and gracious G-d, slow to anger and abounding in loving-kindness for thousands, forgiving iniquity, transgressions and sin." On Yom Kippur we spend the entire day fasting and praying at our house of worship. The stirring words of the liturgy fill us with hope that the time will come when we will enjoy peace in ourselves, in our country, and in Israel.

In this spirit we will enter our synagogues on the eve of Rosh Hashanah and during the High Holy Days in the prayerful hope that we may attain the highest pinnacle of spiritual resolve and moral purpose. May we, each of us, be inscribed and sealed in G-d's Book of Life for a noble and creative living!

## **TACTICAL FIRST AID KITS FOR POLICE OFFICERS**

By Fabrice Czarnecki, M.D., M.A., M.P.H.\*

Police officers should carry a medical kit specifically designed for penetrating trauma injuries such as gunshot and stab wounds. Such a kit can be assembled at a fairly low cost, while meeting your requirements better than most commercial kits.

### **Individual medical kit**

While it's a good idea for all officers to carry this small kit at all times, they should definitely carry the individual kit during high risk activities like warrant service, protective details and firearms training (in case of accidental injuries). Contents should include:

- 2 pairs of gloves
- 1 or 2 tourniquets
- 1 or 2 trauma dressings
- 1 or 2 rolls of gauze

### **Gloves**

Gloves should be made of nitrile (first choice) or latex (second choice). Nitrile gloves are usually blue, purple or green colored. They are more resistant to puncture and chemicals, and do not cause the allergic reactions that many people have to latex.

### **Tourniquets**

Tourniquets are safe and effective in trained hands, especially if left on an extremity for less than one hour. Tourniquets alone could save 60 % of all the preventable deaths from combat trauma, according to Capt. Frank K. Butler, MC, of the Naval Special Warfare Command. My preferred tourniquet is the triangular bandage (usually 37 x 37 x 52 inches). It is inexpensive, lightweight, and easy to deploy. First choice for the tourniquet is the US military (Bandage, Muslin, Compressed, Camouflaged, 37 x 37 x 52 inches, NSN 6510-00-201-1755), or any high quality brand named triangular bandage.

### **Trauma Dressings**

The key is the ability to apply direct pressure to the wound, rather than just covering it and absorbing the blood. First choice for the trauma dressing is the military field dressing (Dressing, First Aid, Field, Camouflaged, NSN 6510-00-159-4883, 4 x 6 1/4 x 7 1/4 inches), but it is difficult to obtain if you do not have connections with the military. Second choice is the Cederroth Bloodstopper Dressing.

### **Rolls of Gauze**

The gauze should be sterile "disorganized" conforming bandage type, like Kerlix bandage rolls (4 inch wide preferred).

### **Car or Team Medical Kit**

A larger medical kit should be kept in cars. It could be pre-positioned at the door during warrant service. Suggested contents include: Two (or more) individual medical kits, wrapped separately and used only for penetrating trauma; Laerdal pocket mask; Co-Ban cohesive bandage (sticks only to itself); SAM splint; Xeroform dressing or other non-adherent dressings; Bandage strips, tape wound closure; 4 x 4 gauze pads; Tape; Elastic wraps; Safety pins; Space blankets; EMT shears; Cold compresses; Medications: acetaminophen, ibuprofen, triple antibiotic ointment, aspirin; Artificial tears (saline); Antiseptic solution; Alcohol gel; An automated external defibrillator (AED) is recommended to trained officers, if available.

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\*Dr. Czarnecki, an emergency physician, is the Director of Medical and Legal research with the Gables Group, Inc., and the Director of Training of the Center for Homeland Security Studies, a non profit corporation conducting training in counter terrorism and intelligence for domestic law enforcement. He served as a trainer and a consultant for several law enforcement agencies and the U.S. Marine Corps.

## THE HOLIDAY OF SUKKOT

By Rabbi Dr. Henry E. Kraus

The delightful beauty and warmth of Sukkot follows just five days after the solemnity of Yom Kippur (Friday, October 6<sup>th</sup>), therefore is greeted with much enthusiasm. Sukkoth is our Festival of Thanksgiving for the abundance of the harvest and for the great mercies shown our ancestors then wandering in the wilderness. Three names are associated with this holiday: Sukkot, Hag Ha-Asif and Z'man Simhataynu. Sukkot, the most familiar name historically comes from Suckah, a temporary booth, the first to remind us of the journey our ancestors took through the wilderness (Leviticus 23:42-43). Hag Ha-Asif means Festival of Harvest, a thanksgiving for the fruit of the earth. Z'man Simhataynu, Time of Rejoicing, seems to sum up the whole idea of Jewish thanksgiving for our blessings.

The main symbol of the holiday besides the Suckah is the festive branch: the Lulov, the Etrog, and Myrtle and Willow branches, with which worshippers rejoice before G-d chanting praises of gratitude to the Giver of all goods. Many are the explanations of the four species of this festive bouquet. The tall palm branch is said to denote men of power. The aromatic Etrog denotes men of saintliness and learning. The Myrtle denotes the average man and women of a community. The Willow represents the humble poor. All of these, together, forming one human brotherhood, mutually responsible for the welfare of all.

The first two festive days of Sukkot are followed by five days of Hol Ha-Moed – the intermediate days, which conclude with Hashanah Rabbah. By the 16<sup>th</sup> Century Hashanah Rabbah came to be looked upon as a continuation of the Day of Atonement, giving “another chance” for repentance. A symbolic beating of a bundle of willow branches closes the

Hashanah Rabbah service. The full festival is resumed again on the eighth day of Shemini Atzeret (solemn assembly), which is called “Season of our Gladness.” The essence of our whole Torah is contained in these three words: Reverence, Love and Joy. They are the way to bring us near to G-d. On this day we pray for rain (geshem) and we also recall the memory of our beloved departed ones, we have Yiskor on that day. The last day of Sukkot is Simhat Torah, “Rejoicing of the Law.” All of the Torah scrolls are taken out of the Holy Ark and carried lovingly around the Synagogue in a procession seven times. This time, not only the adults carry the Torah but especially the children participate in the festivity marching, singing, reciting the Torah blessings and dancing and reading from the Scrolls.

The last chapter of the Torah is read and immediately the first chapter of the Torah is recited. This shows that the cycle of the Torah reading continues and the circle of the Torah is eternal without beginning or end. This holiday brings out the healthy-minded balance in human life. One day we are reciting Yiskor and the next we are happy and dancing with the Torah.

Just as there are three names, so there are three greetings that may be used on Sukkot: A simple: “Good Yom Tov” or the Sephardic: “Mo’Adim L’Simha” or the modern festival greeting: “Hag Sameah”. A very happy and joyous Sukkot to you all!

## GIGGLES

### **Jewish Jokes**

WHY DID ADAM AND EVE HAVE THE PERFECT MARRIAGE? Because he didn't have to hear about all the men she could have married, and she didn't have to hear about the way his mother cooked.

WHAT DOES A JEWISH HUSBAND CALL A WATER BED? The Dead Sea.

IN JEWISH DOCTRINE WHEN DOES A FETUS BECOME HUMAN? When it wins a place in Medical school.

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WHAT MECHANICAL DEVICE CAUSES THE MOST AROUSAL IN A JEWISH WOMAN? A Mercedes Benz 500 SL convertible.

BAR MITZVAH IS DEFINED AS: The day a Jewish boy comes to realize that he is more likely to own a professional sports team, than he is to play for one.

## Little Davie

Little Davie's kindergarten class was on a field trip to their local police station where they saw pictures tacked to a bulletin board of the 10 most wanted criminals. One of the youngsters pointed to a picture and asked if it really was the photo of a wanted person.

"Yes," said the policeman. "The detectives want very badly to capture him."

Little Davie asked, "Why didn't you keep him when you took his picture?"

## Jewish Jeopardy

We give the answer, you give the question.

A: Midrash

Q: What is a Middle East skin disease?

A: The Gaza Strip

Q: What do you call an Egyptian Belly Dance?

A: A classroom, a Passover ceremony, and a latke

Q: What are a cheder, a seder, and a tater?

A: Sofer

Q: On what do Jews recline on Passover?

A: **\*\*Babylon\***

\*Q: What does the rabbi do during some sermons?

A: Filet Minyan

Q: What do you call steaks ordered by 10 Jews?

A: Kishka, sukkah, and circumcision

Q: What are a gut, a hut, and a cut?

And speaking of circumcisions: An enterprising Rabbi is offering circumcisions via the Internet. The service is to be called..."E-MOIL."

## Getting Even

A motorcycle patrolman was rushed to the hospital with an inflamed appendix.

The doctors operated and advised him that all was well.

However, the patrolman kept feeling something pulling at the hairs in his crotch. Worried that it might be a second surgery the doctors hadn't told him about, he finally got enough energy to pull his hospital gown up enough so he could look at what was making him so uncomfortable. Taped firmly across his pubic hair were three wide strips of adhesive tape, the kind that doesn't come off easily. Written in large black letters was the sentence. "Get well quick..... from the nurse you gave a ticket to last week."

**If you enjoy "Giggles," feel free to contribute more. We will include as many as space allows!**

## NEW CAPS

Shomrim of Southern California Caps are now available with the new Logo. They are \$8.00 each, or 2 for \$15.00.

## NATIONAL SHOMRIM AND SHOMRIMSOCAL ON THE WEB

Visit our website. We're at [www.shomrimsocal.org](http://www.shomrimsocal.org) just a click away. Get the latest updates on meetings and announcements, read about your organization, look at photos of recent events, etc. Our webmaster Marc Cohen would like to hear from all of you with your comments. Active links to other Shomrim sites, including the National Conference of Shomrim Societies.

The National Conference of Shomrim Societies has a new website due to the efforts of our national webmaster Scott Bresalier:

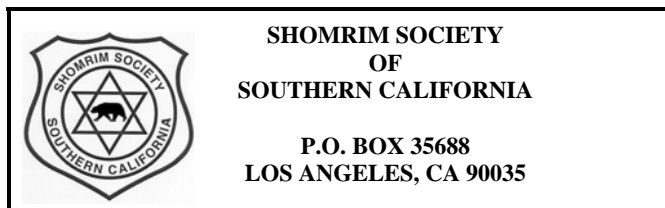
[www.nationalshomrim.org](http://www.nationalshomrim.org). Visit the new website and sign the guestbook and leave your comments.

If you have something you would like added to our website send an e-mail to [story@shomrimsocal.org](mailto:story@shomrimsocal.org) or drop us a letter to our P.O. Box.

## INTERNATIONAL ASSOCIATION OF JEWISH PUBLIC SERVICE EMPLOYEES ON THE WEB

Visit the web site at: [www.IAJPSE.org](http://www.IAJPSE.org) .

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How did you hear about the Shomrim Society of Southern California?

What can the Shomrim Society do for you?

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Please return this application and your check to the above address. Thank you.

**Renew Now For 2007!**

**COPY THIS PAGE AND RECRUIT  
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## MEMBERSHIP

Use the form on the left to recruit new members for our organization or to have old members renew. Please have the application completed with all the information requested, including the e-mail address as much of our communication with members is done by e-mail.

Members of any Southern California law enforcement, public safety or administration of justice agency, law enforcement or public safety reserve officers, retired members of those agencies, or persons eligible to become a member of the National Conference may apply for membership as Regular Members. Thus, in addition to peace officers, fire fighters, men and women of the Jewish faith who are employed or retired from the various fields of law enforcement, public safety, and the administration of justice such as prosecutors, judges, parole and probation officers, correctional officers, and paramedics, to name a few, are also eligible for Regular Membership.

The initial membership fee is \$18.00, which includes membership for the first year. Annual membership dues thereafter are \$25.00. Associate Membership (non-voting) may be granted by the Board of Directors, to persons who are interested in furthering and advancing the purposes of the Shomrim Society of Southern California who do not qualify for Regular membership. Such members may be proposed by any Regular Member; however, such members must be approved by the Board of Directors and are subject to annual review by the Board for continued membership. The annual membership fee for Associate Members is \$36.00.

### Additional Information

Further information about the Society may be obtained by writing to the above address, e-mail to [shomrimsocal@msn.com](mailto:shomrimsocal@msn.com).

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Financial burdens and be assured that your wishes will be understood and respected. Before the need arises, make the choices that best suit your budget and your beliefs. It's a good way to safeguard those you love.

For more information and a tour of either Mount Sinai Memorial Park, contact:

#### Hal Wexler

Shomrim Society Advance Planning Representative  
(800) 600-0076, Ext. 387 \* [hwexler@mountsinaiyards.org](mailto:hwexler@mountsinaiyards.org) \* [www.mountsinaiyards.org](http://www.mountsinaiyards.org)



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# SHOMRIMSOCAL “STEAK FRY”

**Sunday, July 29th at 5:00 P.M.**

• (Goldsmith’s BBQ)

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**Call 310.657.6533 or 310.926.8663 and leave a message  
how many are coming!**

# **2007 NATIONAL SHOMRIM CONVENTION DECEMBER 13-17, 2007**

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